



TRACK AND FIELD MEET INFORMATION – 2018



Listed below are general “categories” of track & field meets for competition during the La Crosse Track Club’s summer season. They are, in increasing level of competitiveness:

All-Area Mini-Meets:

Two local track & field meets will be held on Friday mornings 8:00 am until approximately 12 or 1 pm. These meets are open to La Crosse Track Club athletes ages 6-14 as well as those in Onalaska’s and Holmen’s summer park/rec programs. Dates are: Fri June 22 (@ La Crosse Central High School) and Fri July 13 (@ Onalaska High School). Sign-up for these meets online; advanced registration is required. Announcements will be sent by email with specific link for sign-up. There is no extra cost for these three meets.

Badger State Games:

This is a large state-wide track and field competition for athletes of all ages. Advanced registration and additional fee is required, on-line, on your own. The meet begins in the morning & will go into early-to-mid afternoon. NOTE: Due to construction at UWL’s football field this summer, the Badger State Games has moved the event to Wausau, Wisconsin for 2018. <http://badgerstategames.org/summer-games>

USA Track and Field (USATF) Junior Olympics (or alternatively, AAU meets):

USATF Jr. Olympics is an optional competitive all-ages event, held in Waukesha, Wisconsin at Carroll University on **Saturday June 16th**. Many Track Club families make the trek each year, staying in a hotel the night before or for the entire weekend. The top 8 finishers in each event qualify for the USATF Region 8 meet, which this year will be held at Iowa State University in Ames, Iowa.

IMPORTANT: Prior to Junior Olympics meet sign-up, every athlete MUST obtain (or renew) his/her individual USATF membership, which is done on your own, online: www.usatf.org. After obtaining USATF membership, athletes must THEN verify their ages (if not done in a previous year). Finally (and ONLY when those steps are done) you can sign up for this meet following the additional instructions that are available on the La Crosse Track Club’s website (and will also be sent by email.)

Additional details about USATF Junior Olympics are on the La Crosse Track Club’s website www.lacrossetrackclub.org – scroll to bottom of the website home page and find the link for USATF Information.

Of comparable high competition level is the AAU series, which is similar to USATF in that there is a state, regional, and national meet (must qualify from one to advance to the next). La Crosse Track Club has not traditionally organized entries or hotels for the AAU series but you are certainly welcome to do these AAU meets on your own. Individual AAU membership is required. www.auathletics.org